

Sticky Fingers aspires to provide a safe, fun and welcoming environment for everyone. We offer children experiences to support their development, empowering them to reach their full potential



Sticky Fingers Pre-School
Newlands
% Newlands Primary School
Windermere Avenue
Millbrook
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07442379780

Sticky Fingers Pre-School
Redbridge
% Redbridge Primary school
Studland Road
Millbrook
SO16-9BB
02380 764717
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Sticky Fingers Pre-school
Tanners Brook
% Regents Park Community
centre
Elmes Drive
Millbrook
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Sticky Fingers Pre-school
Spring road
% 14th Itchen Scout hut
Spring road
Sholing
Southampton
SO19-2NZ

<https://www.facebook.com/stickyfingerspreschool>
info@stickyfingersps.co.uk

03 Food safety and nutrition procedures

03.06 Nut-free Setting

Sticky Fingers aim to be a nut-free setting. Although this cannot be guaranteed, this policy sets out all measures that we will take to reduce the risk to those children, staff and visitors with nut allergies which could potentially be very harmful to them.

Our “Nut-Free Policy” means that the following items especially should not be brought into the setting:

- Packs of nuts
- Peanut butter sandwiches
- Fruit and cereal bars that contain nuts
- Chocolate bars or sweets that contain nuts
- Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)
- Cakes made with nuts

We also ask Staff and parents to refrain from using nut based products on their or a child's hair, skin, nails etc, such as coconut or almond oil, while the child is entering the setting as this can have the same effect as food items on nut allergy sufferers.

In order to reduce the risk of an allergic reaction for anyone in the setting we will:

- Follow our *04.04 Allergy & Food Intolerance policy*
- Ensure that all new parents, staff and volunteers are aware of our 03.06 Nut-Free policy.
- Have clear signage displayed to highlight that we are a nut-free setting.
- We will remind families periodically on Tapestry and newsletters
- When we suspect that a product may contain nuts, packaging will not be opened and an alternative nut-free option will be given. This includes when the following statements are written on the ingredients list:
 - Not suitable for nut allergy sufferers,
 - This product contains nuts,
 - This product may contain traces of nuts
- When there is suspicion around a food product but there is no ingredients list, e.g. a chocolate spread sandwich or an item taken out of a multipack, we will try to make contact with the parents to clarify the contents and may also require a photo of the ingredients list for future reference to

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avoid repeated questioning. The product will remain unopened and if applicable, in a lunchbox, until we receive clarification that it is nut-free. Where necessary, the parents will be reminded of this policy.

- When we have made an attempt to contact the parents with no success, an alternative nut-free option will be given. We will then inform the parents of this on collection of their child as well as providing a note in their lunchbox with the product and a reminder given of our nut-free policy where necessary.
- When parents bring in food to share (such as a birthday cake) it must not be eaten on site, however the children can take the food home for the parents to give at their discretion.
- We make sure that all cooking ingredients do not include nuts.
- Should a child come into contact with a food that they cannot have, appropriate medical action would be taken immediately, and a full investigation would take place • It is a parent's responsibility to ensure that no food stuff or confectionery are brought into Pre-school where other children can access it, i.e. bags and coat pockets left in the room. To further minimise risk and protect those children with the most severe nut allergy as much as possible, we will ask parents to wash their children's hands and wipe faces before coming into Pre-school if they have had a nut-based breakfast or snack at home.

Parents and carers must notify staff of any known or suspected allergy to nuts and provide all medical and necessary information in line with *04.04 Allergy and food intolerance policy*.

Homemade snacks or party food contributions must have a label detailing all ingredients present and the kitchen environment where the food was prepared must be nut free. If you are unsure about a selection, please speak to a staff member before bringing the food item into the Pre-school.

We also have children that have other severe allergies and we reserve the right to ask parents to adhere to the above in relation to other allergies.

Staff and volunteers

Staff and volunteers are informed of our nut-free policy during their induction process and we ensure that they understand that they must not bring in or consume nut products in the setting and ensure they follow good hand washing practice.

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- Caution must be taken at certain times of year such as Easter and Christmas. If staff distribute confectionery, care must be taken to ensure that no nuts are included in the product. Fruit sweets such as Haribo are a better alternative. Particular products that are a cause for concern are: - Celebrations – Roses – Heroes – Quality Street.

Review date: December 2025

Last Edited: April 2025

Chair or Manager on behalf of Sticky
Fingers: